



LIFE AGAINST ALL ODDS

APRIL 2022

APRIL 6	←.....→	STILL LENT
APRIL 13	←.....→	HOLY WEEK
APRIL 20	←.....→	EASTER @ THE TABLE
APRIL 27	←.....→	SABBATICAL MESSAGE

THE TABLE IS SET EVERY WEDNESDAY AT 5:30 OR 6:30PM

GATHERING IN PERSON & ONLINE: JOIN US AT THE LYRIC FOR SHARED FOOD AT 5:30 PM {230 W. YELLOWSTONE HWY}

OR JOIN US VIA ZOOM AT 6:30 PM OR BY SCANNING THE QR:





Centerpiece

Where the Table's News Rests

Always Room for One More Red Clay Abbey and talk with the college.

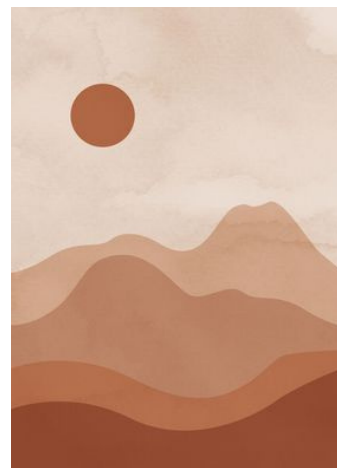
Hi Everyone,

It's your friendly neighborhood Abbess here. I wanted to give you all a bit of an update in regards to The Red Clay Abbey. As many of you know, by the time you read this article, we will have moved into the 900 Saint John Building Sanctuary space. We will be sharing this property with Wyoming Food for Thought while they transition into their new space. The main sanctuary space, located upstairs will be available for us to use indefinitely! Stay tuned for the daily, weekly and monthly schedule. The hope in building this community is to bring folks together who desire to explore, practice and share more sustainable ways of living daily life. This means getting brave about creating regular rhythms of rest and contemplation. Through mindfulness, contemplation, creativity and joy practices we can help ourselves and one another tap into the kind of restoration that God gives to us right now. There is a model for this in the traditional church called, "Third Order" contemplatives. The idea of a "third order" is to commit to living with a collective "rule of life" or more succinctly put; way of being in the world, while sharing that into the world in community. These kinds of commitments toward sustainability occur most easily and fully when we engage inside a community. The mission of The Red Clay Abbey is to tap into these graces, practice and live them out to the best of our ability and flow out into the community to share gifts of restoration, renewal and joy. The Red Clay Abbey is creating a kind of "new third order" through the movement of new monasticism.

New monasticism means you don't have to be a monk or a nun in order to participate and practice monastic ways of being. This means creating a way of moving in the modern world where rest becomes normalized, and contemplation becomes accessible. We will center our practices around non-violence, compassion, restoration and transformation. There are many ways to get involved, including helping to form this new monastic order. If you have curiosity around this concept and have a longing to tap into more natural rhythms in your own life, there will be an introductory meeting in May. Please stay tuned. Please connect with me if you have any questions or desires to learn more about The mission of The Red Clay Abbey or anything else regarding The Table or the partnership between the two.

With love & metta,

Jessika (Ani Wa)



The Table & *Red Clay Abbey* Events

WEEKLY *Events*

Open Listening: Join our pastors/residents @ Scarlow's coffee shop on Tuesday morning, 11am-Noon. We are present to hear your questions, concerns, input & stories!

The Table: Join us every Wednesday night downtown at The Lyric for shared food, compassion teachings, exploration, embodied spiritual practice, and community conversation. All are welcome! If you would like to join us online, please follow this Zoom Link at 6:30 p.m.
<https://us02web.zoom.us/j/81694859096>

3 Spaces Group: Is a weekly practice group that helps us to open the three spaces within ourselves, our heart, mind and body to help move us toward transformation, healing and integration. Topics and themes vary. Three Spaces meets every Saturday at 10:15 a.m. at the following location: 4230 S Oak Street in Casper.

Lenton Retreat: Every Sunday evening, 6.30, st. John's Church

MONTHLY *Events*

YogaSoul A once a month gathering blending Yoga and Christian Spiritual tradition. This is a restorative, contemplative practice. All bodies and All faith traditions are welcome. Join us in person every 2nd Sunday of the month at 123 S. Durbin Street in Casper, or online over Zoom on the 2nd Monday of the month here:
<https://diowy.info/YogaSoul>

Circles of Trust: Monthly group of women in professional ministry coming together for support and spiritual nurture. We are meeting this month on March 18 @ 1.30 pm in Sweet Zoey's on CY Ave.

Easter Sunrise Gathering: A group of us will be gathering for some good words, and an embodiment by the river, 6 am April 17 near Tate Pumphouse by Yoga on The Labrynth

EVENT HIGHLIGHT: FLAMINGO FUNDRAISER

This month we have started a fundraiser. We are accompanied by about 40+ pink lawn flamingos, flocking to different yards throughout our community to notify it's resident of our community here at The Table. The way the fundraiser works is a friend nominates a friend, we then fly to their home and leave a lovely flock of birds and a note on the door to tell them who we are and what we are about. Then to explain how the fundraiser works. They are presented with two option.

- 1) Wait. Within 24 hours the birds will be removed.
- 2) Donate, and you can choose where they go.