



JULY 2022

SACRED EARTH
SACRED SOUL



- JULY 6 SACRED EARTH: JOHN MUIR
- JULY 7 CASPER ART WALK
- JULY 10 / 11 YOGA SOUL IN PERSON / ON ZOOM
- JULY 13 SACRED IMAGINATION: ALEXANDER JOHN SCOTT
- JULY 20 SACRED MATTER: PIERRE TEILHARD DE CHARDIN
- JULY 27 SACRED COMPASSION: GEORGE MACLEOD

Sir Thomas Brown WE CARRY WITHIN US, THE WONDER WE SEEK AROUND US.

The Table is set every Wednesday at 5:30 or 6:30pm gathering in Person & Online: Join us at The Lyric for shared food at 5:30 pm {230 W. Yellowstone HWY} or join us via Zoom at 6:30 pm or by scanning the QR:



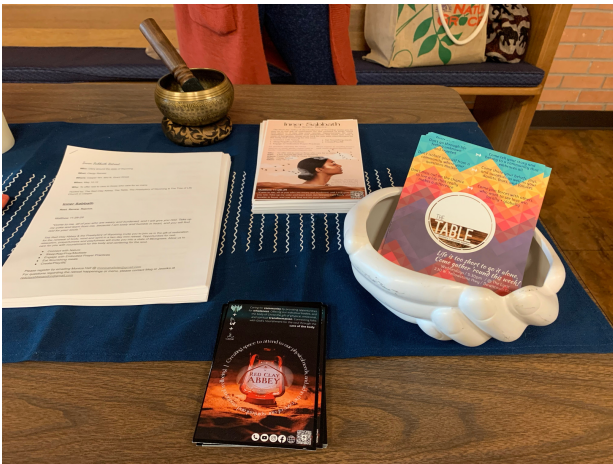


Centerpiece

Where the Table's News Rests

From the Abbess of the Red Clay Abbey

The Red Clay Abbey & The Table are coming into full bloom through the Center for Compassion and Restoration. This new structure provides even more opportunities for the Table and The RCA to provide mind, body and soul care into the community and beyond.





The Red Clay Abbey is a Modern 'Day', Restoration Center with a mission to care for the community by providing opportunities for wholeness and wellness in the world. Offering our bodies, hearts and minds the gift of physical, emotional and spiritual transformation. Connecting people with the nourishment and restoration of the soul through the care of the body. All of the offerings are invitational and open for ALL bodies, backgrounds and people. All are welcome here.



The Table & *Red Clay Abbey* Events

WEEKLY *Events* Open Listening: On hold for the Summer.

The Table: Join us every Wednesday night downtown at The Lyric for shared food, compassion teachings, exploration, embodied spiritual practice, and community conversation. All are welcome! If you would like to join us online, please follow this Zoom Link at 6:30 p.m.
<https://us02web.zoom.us/j/81694859096>

Sacred Earth, Sacred Soul: Offerings from the book "Sacred Earth, Sacred Soul" and put to practice the ideas, musings and contemplations from the week into an evening of full embodiment. Every Monday, 6.30 pm @ Riverview Park in North Casper (1032 E L Sreet).

MONTHLY *Events*

YogaSoul A once a month gathering blending Yoga and Christian Spiritual tradition. This is a restorative, contemplative practice. All bodies and All faith traditions are welcome. Join us in person every 2nd Sunday of the month at 123 S. Durbin Street in Casper, or online over Zoom on the 2nd Monday of the month here:
<https://diowy.info/YogaSoul>

Circles of Trust: Monthly group of women in professional ministry coming together for support and spiritual nurture. We are meeting this month on July 15th 1-4 pm at 4230 S Oak St.

Artwalk: The Table will be hosting several Artist in the Lyric space, on the first thursday of each month all summer long. Come and join us, and expereince a variety of art forms from 5-8pm.

Wyogives: Wyoming has a giving day event, all donations on July 13, will increase the impact of the Table give generously, give early, for the chance to double your giving. The link to our support page through Wyogives is connected to our QR code, Facebook page, and the Table website. We encourage you to participate in any way you can.

EVENT HIGHLIGHT: CASPER MURAL PROJECT

The Casper Mural Project is continuing its mission to bring beauty and healing to the streets of Casper through public murals this summer. We are currently in the process of commissioning a mural celebrating Women of Wyoming to be completed by Koda Witsken (@huemurals) at 260 W 1st Street (the old Flower Bin) in downtown Casper. We are also exploring a potential partnership with Serve Wyoming and the City of Casper to paint a community mural on the side of the Metro Animal Shelter. Recently the Executive Committee welcomed Rayna Januska and Julie Schmitt as our newest members of the board! We are excited to have the CMP board return to full strength and to welcome these two qualified professionals onto our team. Stay up-to-date on all things CMP by following us @caspermurals!